

**Minimum qualifying standard for participating in
Inter University Athletics Competition 2019-2020
As prescribed by A.I.U.**

Men			Women		
Events		Qualifying Standards	Events		Qualifying Standard
100 mtrs.		0.10.71 Sec.	100 mtrs.		0.12.00 Sec.
200 mtrs.		0.21.9588 Sec.	200 mtrs.		0.24.75 sec.
400 mtrs.		0.48.63 Sec.	400 mtrs.		0.56.87 Sec.
800 mtrs.		1:51.99 Sec.	800 mtrs.		2:12.60 sec.
1,500 mtrs.		3:57.24 sec.	1,500 mtrs.		4:37.51 sec.
5,000 mtrs.		15:33.49 Sec.	5,000 mtrs.		17:46.08 Sec.
10,000 mtrs.		32:06.98 Sec.	10,000 mtrs.		38:32.84 Sec.
110 mts. Hurdles	106.7cms.	0.14.85 Sec.	100 mts. Hurdles	84.0 cms.	14.53 sec.
400 mts Hurdles	91.4 cm.	0.54.37 Sec.	400 mts. Hurdles	76.2 cms.	1:03.54 sec.
Half Marathon		1:10.46.66 Sec.	Half Marathon		1:28:23.09 sec.
High Jump		2.00 mts.	High Jump		1.63 mts.
Long Jump		7.41 mts	Long Jump		5.88 mts.
Triple Jump		15.74 mts.	Triple Jump		12.59 mts.
Pole Vault		4.30 mts.	Pole Vault		3.25 mts.
Shot Put	7.26 kg.	16.23 mts.	Shot put		13.21 mts.
Discus Throw	2.00 kg.	47.22 mts.	Discus Throw	1.00 kg.	45.28 mts.
Hammer Throw	7.26 kg.	57.02 mts.	Hammer Throw	4.00 kg.	48.68 mts.
Javelin Throw	800 gms.	67.84 mts.	Javelin Throw	600 gms.	44.55 mts.
4x100 mts. Relay		0.42.12 Sec.	4x100 mts Relay		48.27 sec.
4x400 mtrs. Relay		3:14.79 Sec.	4x400 mtrs Relay		4:01.75 sec.
Decathlon		6017 Points	Heptathlon		3668 point
20,000 mts. Race Walking		1:36.26.97 Sec.	20 Km. Race Walk		1:54:32.90 sec.
3000 M Steeple chase		9:39.27 Sec.	3000 M Steeple chase		11:22.29 sec.

As per A.I.U. Norms

Important